

Health I Studying Assistance Schooling By Design

Stage 1: Desired Results

Established Goals:

- Increase the achievement of students with Learning Disabilities on assessments taken for their Health I class.
- Reduce the amount of frustration that LD students have with studying for these assessments.

Standards that will be addressed in General Education class, and the focus of the review in the Itinerant Support Classroom:

- **Subject :** Health, Safety & Physical Education
- **Area 10.1:** Concepts of Health
- **Grade :** GRADE 9
- **Standard B:** Analyze the interdependence existing among the body systems.
Standard C: Analyze factors that impact nutritional choices of adolescents.
 - **Key Content :** dietary guidelines
- **Standard D:** Analyze prevention and intervention strategies in relation to adolescent and adult drug use.
 - **Key Content :** decision- making/ refusal skills
 - **Key Content :** situation avoidance
 - **Key Content :** goal setting
 - **Key Content :** professional assistance
- **Standard E:** Analyze how personal choice, disease and genetics can impact health maintenance and disease prevention.
- **Area 10.2:** Healthful Living
- **Grade :** GRADE 9
- **Standard B.:** Analyze the relationship between health- related information and adolescent consumer choices.
 - **Key Content :** tobacco products

Understandings:

- Succeeding on a Health I assessment is not out of student reach.
- Students will use the knowledge of the Itinerant Support Teacher and supplemental materials to gain understanding of the following Health I topics and succeed on assessments:
 - Healthy Living Practices
 - Effects of using Alcohol
 - Effects of using Tobacco Products
 - Effects of using Psychoactive Drugs
 - Proper Nutrition Practices
- Many students may feel that since they often do not perform well on assessments that they will fail this class.
- Many LD students have had to repeat this class, and that information circulates among students. Some submit to failure before even trying to succeed.

Essential Questions:

- Why is it important to well on Health I assessments?
- Who can I turn to for help when it comes to my Health I class?
- Students will view the Health Class Intro video not only to help motivate them to do well in Health class but also to reassure them that it is “okay” for the Itinerant Support Teacher to provide additional assistance.

Students will know:

- Healthy Living Practices
- Effects of using Alcohol
- Effects of using Tobacco Products
- Effects of using Psychoactive Drugs
- Proper Nutrition Practice
- Who to seek help from for questions about Health I

Students will be able to:

- Review notes presented in Health I
- Participate in re-teaching of unclear materials
- Practice answering questions that might be on the assessments
- Perform at a satisfactory level during Health I assessments

Stage 2: Assessment Evidence

Performance Tasks:

- Students will demonstrate understanding of the materials by taking Health I assessments created by the General Education Teacher

Other Evidence:

- Discussion during re-teaching activities
- Discussion during review activities
- Discussion after students have completed review activities
- Discussions will include student thoughts and attitudes toward the materials, their understanding of the materials, and their overall confidence when it comes to responding to the materials

Stage 3: Learning Plan

Learning Activities:

- Students enrolled in the General Education Health I class will be identified and will meet with the Itinerant Support Teacher to help encourage a positive attitude prior to beginning the class.
- The Health Class Intro video will be shared and discussed with the students.
- The Itinerant Support Teacher will discuss why it is important that students perform well on the Health I assessments, and that students may seek her assistance at any time concerning Health I materials.
- Students will attend their Health I classes as scheduled.
- After lecture materials have been presented to the students, review will take place during their study hall periods in the Itinerant Support Classroom.
- The Itinerant Support Teacher will discuss with the student how they are feeling about the current materials that have been presented in the Health I class.
- If re-teaching of the current notes is necessary, that will take place. The Itinerant Support Teacher will review all of the notes with the student and provide additional examples to promote understanding.
- The Itinerant Support Teacher will begin the study process with students, discussing the notes and quizzing them orally.
- The Itinerant Support Teacher will again discuss with the student how they feel about the materials and readjust any instruction/assistance as needed.
- When the Itinerant Support Teacher feels that the student has gained basic knowledge of the notes, the students will have the opportunity to play the appropriate review game.
 - Living Healthy – PowerPoint
 - Alcohol – Excel
 - Tobacco Use – PowerPoint
 - Psychoactive Drugs – PowerPoint
 - Nutrition – Excel

- Since the review games are available on the Itinerant Support Teacher's website, students may also access these games from anywhere where Internet access is available – even at home for extra practice.
- After the student has reviewed the Health I materials for their current unit, the Itinerant Support Teacher will again discuss the student feelings towards the materials.
- If student confidence is not strong, the Itinerant Support Teacher will continue to review with the student until confidence is strong.
- Student will take the General Education assessment and it will be graded.
- After the assessment has been graded, it will be reviewed with the student by the Itinerant Support Teacher. The pair will look at which areas the student did well at, and also if there are any areas to improve. This knowledge will be used to better assist and adjust studying procedures for the next unit.
- The above process will be repeated throughout the entire semester.